

Thursday Practice Schedule

Short Course 8.00am to 8.30am
 11.18am to 11.48am

Practice Groups are 7 minute heats with 1 minute between heats

Practice Group 1	8.30am	11.48am	2.36pm
Practice Group 2	8.38am	11.56am	2.44pm
Practice Group 3	8.46am	12.04pm	2.52pm
Practice Group 4	8.54am	12.12pm	3.00pm
Practice Group 5	9.02am	12.20pm	3.08pm
Practice Group 6	9.10am	12.28pm	3.16pm
Practice Group 7	9.18am	12.36pm	3.24pm
Practice Group 8	9.26am	12.44pm	3.32pm
Practice Group 9	9.34am	12.52pm	3.40pm
Practice Group 10	9.42am	1.00pm	3.48pm
Practice Group 11	9.50am	1.08pm	3.56pm
Practice Group 12	9.58am	1.16pm	4.04pm
Practice Group 13	10.06am	1.24pm	4.12pm
Practice Group 14	10.14am	1.32pm	4.20pm
Practice Group 15	10.22am	1.40pm	4.28pm
Practice Group 16	10.30am	1.48pm	4.36pm
Practice Group 17	10.38am	1.56pm	4.44pm
Practice Group 18	10.46am	2.04pm	4.52pm
Practice Group 19	10.54am	2.12pm	5.00pm
Practice Group 20	11.02am	2.20pm	5.08pm
Practice Group 21	11.10am	2.28pm	5.16pm